

Pre-operative Instructions - Children

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Please ensure that you have completed the online admission or admission booklet as directed by the staff at SCENT.

IMPORTANT: Some medications need to be ceased prior to surgery.

Medications

Herbal medications / Supplements

Must be stopped 2 weeks prior to surgery.

Please see list overleaf for examples of medications in this category

Non Steroidal Anti-inflammatory drugs (NSAIDS)

Must be stopped 1 week prior to surgery.

Please see list overleaf for examples of medications in this category

If your child requires painkillers during this time, please use **Panadol**.

Diabetic medications

If your child takes Insulin, discuss how to alter the dose with your Anaesthetist.

CT scans or X Rays

Please bring these with you to hospital.

Failure to do so may result in cancellation of your child's surgery.

Day Before Surgery

The Hospital will contact you on the afternoon or evening prior to your child's surgery to confirm arrival time and fasting time.

The Day of Surgery

We schedule children early on the list and make every effort to make their hospital stay is pleasant as possible.

Please dress your child in loose fitting clothes or pyjamas (not all-in-one suits).

Bring nappies if these are usually worn at night.

One parent can accompany the child into the operating theatre until they are asleep.

If your child is staying overnight, one parent must stay with them.

Please feel free to bring their favourite comforter or toy.

Your child must not eat for 6 hours prior to surgery.

A small amount of clear fluids (water or clear juice, but NOT milk) may be given up to 3 hours before surgery.

EXAMPLES OF MEDICATIONS THAT MAY NEED TO BE STOPPED PRIOR TO SURGERY

HERBAL MEDICATIONS & SUPPLEMENTS

Dindevan (Phenindione)	Ginkgo	Primrose Oil
Echinacea	Ginseng	St John's Wort
Fish Oil	Horseradish	Vitamin E
Ephedra	Kava	Willow Bark
Garlic	Valerian	
Ginger	Meadowsweet Tea	

BLOOD THINNING MEDICATION

ASPIRIN and medications which contain aspirin

NSAIDS (non-steroidal anti-inflammatory drugs)

Advil (Ibuprofen)

Nurofen (Ibuprofen)

Brufen (Ibuprofen)

Voltaren (Diclofenac)