

Please ensure that you have completed your online admission or admission booklet as directed by the staff at SCENT.

If you are over 50 years old or have significant medical problems, please check with your surgeon if any tests are required prior to your operation.

IMPORTANT: Some medications need to be ceased prior to surgery.

Herbal Medications

Herbal medications / Supplements

Must be stopped 2 weeks prior to surgery. Please see overleaf for examples.

Blood thinning medications / Anticoagulants

May need to be stopped prior to surgery. It is ESSENTIAL that you contact your surgeon to discuss appropriate arrangements for you. These medications include, but are not limited to Warfarin, Clopidogrel, Aspirin and medications containing Aspirin.

Non-Steroidal Anti-inflammatory drugs (NSAIDS)

Must be stopped 1 week prior to surgery. Please see overleaf for examples. If you require painkillers during this time use Panadol or Panadeine.

Diabetic medications

Please inform us if you are on any diabetic medications (tablets or injectables). You will need to speak to your anaesthetist to manage your diabetes medications several days before your surgery

Medications such as Forxiga, Qtern, Xigduo XR, Jardiance, Jardiamet and Glyxambi will need to be ceased several days prior to surgery following consultation with your anaesthetist.

Metformin and glicazide should not be taken the night before or the morning of surgery.

Anti-depressant medications

Please notify your anaesthetist at least two weeks before surgery if you take: Phenelzine (Nardil)

Tranlycypromine (Parnate)

Moclobemide (Aurorix, Amira, Clobemix, Depnil, Manerix)

All other anti-depressants should be taken as usual with a small sip of water.

Sleep Apnoea

Please bring your CPAP machine to use overnight if you usually use this at home.

CT scans or X Rays

Please bring with you to hospital (if applicable). Failure to do so may result in cancellation of your surgery.

The Hospital will contact you the afternoon or evening prior to your surgery to confirm arrival time and fasting time.

The day of surgery

You are not permitted to eat or drink for 6 hours prior to admission.

Take your usual morning medication (apart from those listed above) with a sip of water.

EXAMPLES OF MEDICATIONS THAT NEED TO BE STOPPED PRIOR TO SURGERY HERBAL MEDICATIONS & SUPPLEMENTS

Dindevan (Phenindione)	Garlic	Horseradish	St John's Wort
Echinacea	Ginger	Kava	Valarian
Ephedra	Ginkgo	Meadowsweet Tea	Vitamin E
Fish Oil	Ginseng	Primrose Oil	Willow Bark

BLOOD THINNING MEDICATION

Alternative arrangements for blood thinning will need to be made with your surgeon.

Warfarin (Coumadin, Marevan)	Clopidogrel (Plavix, Iscover)	Tirofiban (Aggrastat)
Prasugrel (Effient)	Dabigatran (Pradaxa)	Abciximab (Reopro)
Apixaban (Eliquis)	Rivaroxaban (Xarelto)	Ticagrelor (Brilinta)

ASPIRIN and medications which contain aspirin

Alka-Seltzer	Aspro / Aspro Clear	Cardiprin 100
Codis	Solprin	Asasantin SR
Cartia	Codox	Streptase
Aspalgin	Astrix	Codiphen
Disprin / Disprin Forte	Ticlid (Tilodene)	

NSAIDS (non-steroidal anti-inflammatory drugs)

Aclin (Sulindac)	Arthrexin (Indomethacin)
Anaprox (Naproxen)	Butazolodin (Phenylbutazone)
Brufen (Ibuprofen)	Clinoril (Sulindac)
Celebrex (Celecoxib)	Crysanal (Naproxen)
Clonac (Diclofenac)	Indocid (Indomethacin)
Dicohexal / Dinac (Diclofenac)	Mobilis (Piroxicam)
Feldene (Piroxicam)	Nurolasts (Naproxen)
Mefic (Mefenamic Acid)	Ponstan (Mefenamic)
Naprogesic/Naproxyn SR/Naprosyn SR(Naproxen)	Toradol (Ketorolac)
Nurofen (Ibuprofen)	Voltaren (Diclofenac)
Orudis SR / Oruvail SR (Ketoprofen)	Panafen (Ibuprofen)
Rafen (Ibuprofen)	ACT-3. Actiprofen/Advil (Ibuprofen)
Inza (Naproxen)	Mobic (Meloxicam)
Proxen SR (Naproxen)	Surgam (Tiaprofenic)
Movalis (Meloxicam)	Piroxicam/Pirohexal
Fenac (Diclofenac)	